

The Moviprep **MORNING** calendar **DRAFT**

Calendar for:

Start Date, Day
1:

Must be used alongside The Moviprep Morning Guide and the Low-Residue Diet Guide

Day 1	Day 2, 3 and 4	Day 5	Day 6	Day 7	Day 8
<p>Start 7-day Low Residue diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p></p> <p>Breakfast must be before 9 am</p> <p>Only clear liquid after 9am</p>	<p></p> <p>Stop drinking two hours before appointment</p>
<p>Stop taking:</p> <ul style="list-style-type: none"> Iron tablets Vitamins with iron  		<p>At night-time if you need to, take two Senna tablets (see Moviprep guide)</p> 	<p>At night-time take two Senna tablets</p> 	<p></p> <p>At 12 am take 6 Senna tablets if instructed</p> <p>4 pm 1st dose of Moviprep. (See Moviprep guide)</p> 	<p></p> <p>Don't eat until after your exam</p>
				<p>Take your 2nd dose of Moviprep 2 hours after finishing the first dose</p> 	<p>Remember you can ask for support to understand this information</p> 

Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on 03 44 811 8118.

More information

NHS 111

NHS Choices

www.nhs.uk/pages/homepage.aspx

Northumbria Healthcare NHS Foundation Trust

General Enquiries 03 44 811 8111

Bowel cancer screening team 0191 280 5046

0191 282 3400

www.northumbria.nhs.uk



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