


The Moviprep **AFTERNOON** calendar **DRAFT**

Calendar for:

Start Date, Day
1:

Must be used alongside The Moviprep Afternoon Guide and the Low-Residue Diet Guide

Day 1	Day 2, 3 and 4	Day 5	Day 6	Day 7	Day 8
<p>Start 7-day Low Residue diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p> Only have a light lunch before 1 pm</p> <p> Only clear liquid after 1 pm</p>	<p> At 6 am take your second dose of Moviprep</p> <p>(See Moviprep guide)</p>
<p>Stop taking:</p> <ul style="list-style-type: none"> Iron tablets Vitamins with iron  	<p>Don't forget you can ask for support to understand the calendar</p> 	<p>At night-time if you need to take two Senna tablets (see Moviprep guide)</p> 	<p>At night-time take two Senna tablets</p> 	<p> At 3pm take 6 Senna tablets if instructed</p> <p> 7pm 1st dose of Moviprep. (See Moviprep guide)</p>	<p> Don't eat until after your exam.</p> <p> Stop drinking two hours before appointment</p>
					<p> Allow two hours to clear your poo – then go for your appointment</p>

Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on 03 44 811 8118.

More information

NHS 111

NHS Choices

www.nhs.uk/pages/homepage.aspx

Northumbria Healthcare NHS Foundation Trust

General Enquiries 03 44 811 8111

Bowel cancer screening team 0191 280 5046

0191 282 3400

www.northumbria.nhs.uk



PIN 981/V1

Review date: September 2024

© This material is the copyright of the Northumbria Healthcare NHS Foundation Trust.