



Northumbria Healthcare
NHS Foundation Trust

Hospital and community stoma care nursing service

Issued by Northumbria Healthcare NHS Foundation Trust

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www.northumbria.nhs.uk

This leaflet provides information and contact details for the stoma care service. If you have any questions, please do not hesitate to contact a member of the team.

Stoma care service

The hospital and community stoma care service provides care for patients before and after stoma forming surgery and after your discharge home, ensuring individualised patient care to help recovery and self-management of your stoma.

Following your operation, the stoma nurse and ward nurse will support you to become independent with your stoma care. Once you are ready for discharge home you will then be referred to the community stoma nurse.

Discharge from hospital

When you are confident with your stoma care and are medically fit for discharge, you will be referred to the community stoma nurse. You will then be contacted by phone within two working days following discharge and a home visit will be arranged within 7 days of discharge.

Community Stoma Care Service:

The stoma service provides a post-operative pathway which includes periodic reviews at home or in a clinic setting and can be adjusted to suit individual needs. Following your 12 month review you will have open access to the stoma care service.

Northumbria Healthcare stoma nurse clinics

Wansbeck General Hospital stoma clinic:

Weekly on a Monday 9am – 3pm

North Tyneside General Hospital:

Weekly on a Friday 9am – 3pm

Berwick Infirmary:

Third Thursday of the month 9.30am – 11.30 am

Alnwick Infirmary:

1st 2nd and 4th Thursday of the month 9am – 12 midday

Hexham Hospital:

Weekly on a Wednesday 9am – 12 midday

Contact 0191 293 4284 to arrange an appointment.

Stoma support group meetings:

These are held at Berwick Infirmary, Hexham General Hospital and North Tyneside General Hospital – please phone 0191 293 4284 for dates and times.

This is a great opportunity for you to meet other people with a stoma and keep up to date with new products.

Stoma care nurse specialists:

Stoma Care Team
Stoma Care Department
Colorectal Office
0191 293 4284

Working hours Monday to Friday 8 am – 4 pm.

If you require advice, support at weekends, evenings and/or bank holidays, you can contact NHS 111 or the ward you have recently been discharged from following your surgery.

Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on 03 44 811 8118.

Other sources of information

NHS 111

NHS Choices

www.nhs.uk/pages/homepage.aspx

NICE (National Institute for Health and Clinical Excellence)

www.nice.org.uk

Patient Advice and Liaison Service (PALS)

Freephone: 0800 032 0202

Text: 07815 500015

Email: northoftynepals@nhct.nhs.uk

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General Enquiries 03 44 811 8111

www.northumbria.nhs.uk

PIN 965/V1

Review date: January 2024

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