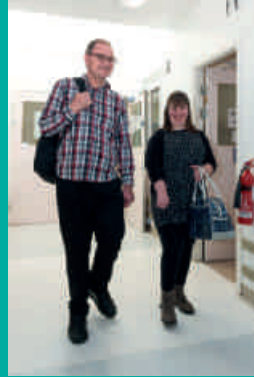




# Getting ready to come into hospital



# Coming into hospital



Soon you will be coming into hospital. This booklet tells you things to help you get ready.

There is more information on our website:

[www.northumbria.nhs.uk](http://www.northumbria.nhs.uk)

Click on patients and visitors. There is:

- Information about each hospital
- Hospital maps
- Visiting times

# Changing the date you come into hospital



You may need to change the date we give you to come into hospital. You may have something important happening or you may not be well.



Please let us know as soon as possible by phoning  
**0344 811 8118**



There is someone here Monday to Friday from **8.00** in the morning until **6.30** in the evening.

# Getting to the hospital



The letter asking you to come into hospital will tell you the address.



If you need patient transport to get to hospital please phone one of these numbers:

Northumberland  
or Newcastle

**0191 215 1515**

North Tyneside, South  
Tyneside & Gateshead

**0191 301 7687**

Sunderland

**0191 301 7687**



## Getting ready to come into hospital



You may need a wheelchair in hospital. We have wheelchairs at the main entrance.

## What to bring with you



### **Please bring:**

- The letter you were sent asking for you to come into hospital
- The name and address of your GP (doctor)

# What to bring with you



## For yourself:

- Clothes to sleep in
- Clothes to wear during the day
- Shoes or slippers that are comfortable
- Things to keep you clean; soap and toothpaste
- All the medicines you take



- Anything else you use daily: gasses, hearing aid, walker, false teeth



- Books or magazines

You may be given more medicine. So you will need your card that says you do not need to pay for your medicines



**We ask that you do not bring:**

- A lot of money
- Jewellery except wedding rings
- Things that are important to you

**It is everybody's responsibility to look after their own belongings**

# We will give you more information about when you are in hospital and when you are leaving hospital

Sincere thanks to Northumberland Echo and Skills for People for their help with this booklet.  
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