



# Special School Nursing

Issued by Children's Community Nursing Service

## Who are we?

We are health professionals with additional training to provide specialist nursing and public health advice to schools and children with disabilities and complex physical and/or emotional health needs.

## We can help with

- Health assessments and care plans for children and young people with complex physical and/or emotional difficulties
- Training for school staff on specific health conditions and medications in school
- Specialist support and advice for parents and carers
- Support and advice for children and young people with emotional health needs
- Support and advice for children, young people and their family with weight concerns
- Support and advice for schools regarding The Healthy Schools Programme and Personal Social and Health Education (PSHE)
- Sex and relationship education for young people
- Support for the delivery of the schools immunisations programme
- Promotion of healthy lifestyles with groups and individuals
- Support with transition to adult services

## How can you contact us?

Nurses are available to discuss issues with you on the telephone, see you in school or visit you at home. If you require an appointment please telephone the nurse to arrange this. Nurses are available term time during school hours. Some after school appointments may also be available.

Students have identified times at lunchtime drop in sessions when they can speak to the nurses or via their classroom teacher and support assistants.

### Team Lead

Elaine Davies

Tel 0191 6432591

### North Tyneside

Beacon Hill School & Sixth Form College, Silverdale School & Silverdale Primary ARP

Tel: 0191 643 3005/643 3010

Woodlawn School, Southlands School, Melrose Centre & Benton Dene School

Tel: 0191 6432597

### Northumberland

Hexham Priory School

Tel: 01434 613440

Barndale School

Tel: 01665 602541

The Centre, Josephine Butler Campus

Tel: 01670 844322

The Grove School, Berwick Upon Tweed

Tel: 01289 306390

## Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on **03 44 811 8118**

## Other sources of information

### NHS 111

### NHS Choices

[www.nhs.uk/pages/homepage.aspx](http://www.nhs.uk/pages/homepage.aspx)

### NICE (National Institute for Health and Clinical Excellence)

[www.nice.org.uk](http://www.nice.org.uk)

### Patient Advice and Liaison Service (PALS)

Freephone: **0800 032 0202**

Text: **01670 511098**

Email: [northoftynepals@nhct.nhs.uk](mailto:northoftynepals@nhct.nhs.uk)

## Northumbria Healthcare NHS Foundation Trust

General Enquiries **03 44 811 8111**

[www.northumbria.nhs.uk](http://www.northumbria.nhs.uk)

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