

0-19 SERVICE UPDATE

The 0-19 team (health visiting and school nursing) would like to reassure you that you and your children's safety is our priority, whilst we ensure all of our clients continue to receive support.

In line with national advice, most routine contacts will be conducted via the telephone rather than face to face, although we will be able to prioritise some home visits.

Health Visiting: please contact your named health visiting team for advice and support or contact the Northumberland Health Visiting Support and Advice line, Monday to Friday, 9am-5pm, on 0191 6073838.

School Nursing: We have a service called ChatHealth, which lets you text your school nurse, in confidence, for advice and support. The service deals with all kinds of issues including mental health, bullying, self-harm, alcohol and drugs, relationships, healthy eating and smoking. ChatHealth is available for young people aged 11-19.



Alternatively, you can contact your nearest school nurse team direct, on the following numbers:

- Child Health Centre, Wansbeck Hospital, Ashington – 01670 564 048
- Eddie Ferguson House, Blyth – 01670 629 670
- Corbridge Health Centre, Hexham – 01434 636 939
- Broomhill Health Centre, Amble – 01670 761 908

You may be asked to leave a message on an answer machine.

Until further notice, we have made the difficult decision to suspend the following:

- All group sessions and activities – breastfeeding, baby groups, parentcraft / birth and beyond sessions
- All well baby clinics
- All school drop ins
- All routine age screening, including the National Child Measurement programme.