



Northumbria Healthcare
NHS Foundation Trust

Your Medication Record

Issued by the Pharmacy Department

Name:

Address:

.....

.....

Trust No.

Prepared by: Checked:

Signed: Date:/...../.....

This is a list of your/your child's medicines and when to take them.

For information about the purpose and side effects of each medicine please refer to the manufacturer's information leaflet supplies within the medicine.

Useful Contacts

Pharmacy Departments at General Hospitals:

Wansbeck General Hospital

Tel: 01670 529427

North Tyneside General Hospital

Tel: 0191 293 2729

Hexham General Hospital

Tel: 01434 655041

General Information

Keep medicines locked up and out of the reach of children.

Always take medicines as shown on the label. Taking more will not make them work faster and it could cause harm. If in doubt ask your pharmacist.

Use only those medicines which are part of current treatment.

Take care of medicines – always keep them in a closed container and in a cool, dry place.

If medicines are not used, do not hoard. Take unused medicines to a pharmacy for safe disposal.

Only the person whose name is on the label should take it. No-one else should, even if they have the same illness.

Never transfer medicines from the original container to another.

REMEMBER - If in doubt talk to your pharmacist

If you have any questions about the medicines on this card
please phone the appropriate Pharmacy Department
(Monday – Friday 9am to 5pm)

**Please carry this record with you. Take it with you each time
you visit your doctor or pharmacist.**

	Drug Name	Why am I taking it?	Breakfast	
1				
2				
3				
4				
5				
6				
7				

ND HOW MUCH TO TAKE

Lunch	Teatime	Bedtime	Special Instructions and Side Effects

	Drug Name	Why am I taking it?	Breakfast	
8				
9				
10				
11				
12				
13				
14				

ND HOW MUCH TO TAKE

Lunch	Teatime	Bedtime	Special Instructions and Side Effects

Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on **03 44 811 8118**

Other sources of information

NHS 111

NHS Choices

www.nhs.uk/pages/homepage.aspx

NICE (National Institute for Health and Clinical Excellence)

www.nice.org.uk

Patient Advice and Liaison Service (PALS)

Freephone: **0800 032 0202**

Text: 01670 511098

Email: northoftynepals@nhct.nhs.uk

Northumbria Healthcare NHS Foundation Trust

General Enquiries **03 44 811 8111**

www.northumbria.nhs.uk

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