

Information on attending the Breast Clinic

Your length of appointment may vary between 30 minutes and approximately up to 3-4 hours depending on your initial assessment and whether further investigations are required.

The assessment will involve a medical consultation and possibly other tests such as a mammogram, breast ultrasound and biopsies.

Please do not wear deodorant as this can make reading the mammogram difficult due to the sensitivity of the image.

Every effort will be made to complete any tests on the day of your appointment.

However you may need to return to the clinic on a different day for further investigations and the results.

A Clinical Nurse Specialist in Breast Care will be available in clinic or can be contacted to discuss any concerns you may have.

If you would like to discuss any issues prior to your appointment please contact the Clinical Nurse Specialists on the following direct dial numbers:

Hexham General Hospital 01434 655386

North Tyneside General Hospital 0191 2934183

Wansbeck General Hospital 01670 529319

More information on referral to a breast clinic can be found on the trust website www.northumbria.nhs.uk or on the Breast Cancer Care website - 'Referral to a breast clinic' (www.breastcancercare.org.uk). Leaflets will be available in the clinic.



Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on **03 44 811 8118**.

Other source of information

NHS 111

NHS Choices www.nhs.uk/pages/homepage.aspx

NICE (National Institute for Health and Clinical Excellence) www.nice.org.uk

Patient Advice and Liaison Service (PALS) Freephone: **0800 032 0202** Text: 01670 511098
Email: northoftynepals@nhct.nhs.uk

Northumbria Healthcare NHS Foundation Trust

General Enquiries **03 44 811 8111** www.northumbria.nhs.uk

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