



**Northumbria Healthcare**  
NHS Foundation Trust

# Speech and language therapy for adults in the community

Issued by the Adult Speech and Language Therapy Service

# A short guide about what to expect

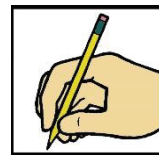
## What we do?

A Speech and Language Therapist is trained to assess, treat and give advice about the following: -

- **Communication problems**

Including problems with: -

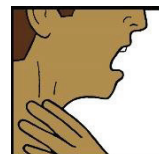
- understanding
- speaking
- reading
- writing
- voice



- **Swallowing problems**

Including problems with: -

- coughing
- choking
- drooling



# What happens at the first appointment?

At your appointment the therapist will: -

- Ask you some questions about your difficulty.



- Carry out an assessment.



- Explain your difficulty and give advice to help lessen the problem.



- Agree on the best way to help e.g.

- monitoring of the problem
- therapy sessions
- referral to another specialist



- We may work with your family / friends / carers as well as directly with you yourself.

## Please have available

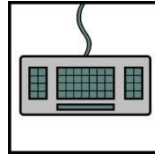
- Reading glasses if used



- Hearing aid if used



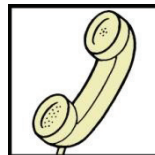
- Any equipment for helping you communicate



- Any equipment for helping you eat/drink



- Contact phone numbers



## Contact us

Speech and Language Therapy Dept

**Alnwick Infirmary**

Infirmary Close

Alnwick

NE66 2NL

Tel: 01665 626717

Speech and Language Therapy Dept

**Berwick Infirmary**

Berwick

TD15 1LT

Tel: 01289 356644

Speech and Language Therapy Dept

**Blyth Community Hospital**

Thoroton Street

Blyth

NE24 1DX

Tel: 01670 396434

Speech and Language Therapy Dept

**Hexham General Hospital**

Corbridge Road

Hexham

NE46 1QJ

Tel: 01434 655084

**Morpeth NHS Centre**

Haggs Field

Morpeth

Northumberland

NE61 1JX

01670 500949

## **Wallsend Health Centre**

The Green

Wallsend

NE28 7PD

Tel: 0191 2952790

**All bases have answer machines to leave messages if there are no staff to take your call.**



## Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on 03 44 811 8118.

## Other sources of information

### NHS 111

### NHS Choices

[www.nhs.uk/pages/homepage.aspx](http://www.nhs.uk/pages/homepage.aspx)

### NICE (National Institute for Health and Clinical Excellence)

[www.nice.org.uk](http://www.nice.org.uk)

### Patient Advice and Liaison Service (PALS)

Freephone: 0800 032 0202

Text: 07815 500015

Email: [northoftynepals@nhct.nhs.uk](mailto:northoftynepals@nhct.nhs.uk)

### Northumbria Healthcare NHS Foundation Trust

General Enquiries 03 44 811 8111

[www.northumbria.nhs.uk](http://www.northumbria.nhs.uk)



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