



Northumbria Healthcare
NHS Foundation Trust

Mental Health Services for Older People Liaison Team

Issued by Northumbria Healthcare NHS Foundation Trust

What is the MHSOP liaison service?

MHSOP stands for 'Mental Health Services for Older People'.

We work alongside the teams that are treating your physical health within the hospital, who have asked us to become involved in your care.

We are a service which offers support, assessment and advice for patients at North Tyneside General Hospital, over 65 years of age and who are experiencing difficulties with mental health. In our team we have mental health nurses, a healthcare assistant, a junior doctor and a consultant Psychiatrist.

Our working hours are 8:30am to 5pm from Monday to Friday. We are based at North Tyneside general hospital and will visit you on your ward.

Why is your mental health important?

It is common for patients in general hospitals to have mental health problems. Untreated mental health problems can lead to patients being in hospital for longer and have poorer physical health overall.

What do we do?

We aim to reduce any mental health distress as quickly as possible. You will be given the opportunity to meet with a member of the team to discuss any difficulties or concerns you are currently experiencing.

We can help provide support, diagnosis and treatment of mental health problems during your stay in hospital. We may carry out a test of memory and thinking, this is standard practice and nothing to worry about.

We will work with you to discuss the best treatment options. This may be on-going talking therapy and support, medication or further advice. We may see you more than once to monitor your progress and to promote positive well-being.

When you are being discharged from hospital, we will discuss with you whether you need further contact with your local community mental health team or other agencies for support with your mental health.

Consent and confidentiality

Usually our involvement in your care can only take place with your permission (consent). If you decide you do not wish for our team to be involved in your care then you can inform any member of staff in your place of care and we will withdraw.

At times it may be necessary to contact your family or other professionals involved in your care, to discuss how you have been. We will gain your permission before doing this.

All teams, including ours, are bound by codes of professional practice therefore we are required by law to ensure your confidentiality is maintained. We may have to disclose information if we are concerned about the safety of yourself or others.

You were seen today by: _____

We are contactable on 0191 2934049.

Notes

Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on **03 44 811 8118**

Other sources of information

NHS 111

NHS Choices

www.nhs.uk/pages/homepage.aspx

NICE (National Institute for Health and Clinical Excellence)

www.nice.org.uk

Patient Advice and Liaison Service (PALS)

Freephone: **0800 032 0202**

Text: 01670 511098

Email: northoftynepals@nhct.nhs.uk

Northumbria Healthcare NHS Foundation Trust

General Enquiries **03 44 811 8111**

www.northumbria.nhs.uk

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