



**Northumbria Healthcare**  
NHS Foundation Trust

# Information following Gastrosocopy with throat spray

Issued by the Endoscopy Department

You have had a gastroscopy with local anaesthetic throat spray. You may have a sore throat for a short time after the test. This is normal and should pass within a day.

**You must not eat or drink for 30 minutes after the test. However you can go straight home after your endoscopy.**

If you have had any biopsies taken they will need to be sent for analysis, this takes approximately 2-3 weeks. The results of the biopsies will be sent to the person who sent you for the test.

The consultant responsible for your care is named on your endoscopy report. A copy of your report is sent to your GP on the day of the test.

Some patients may be sent for further tests at one, two or three year intervals. The reason for this is that certain conditions need to be followed-up regularly. If you are one of these patients, your consultant will check, two months before the follow-up appointment is due, that the guidelines have not changed and that there are no reasons to contraindicate a further test.

## Contact us

If you have any queries please contact us:

North Tyneside General Hospital 0191 349 9672  
Monday to Saturday, 8am - 6pm

Wansbeck General Hospital 01670 529 063  
Monday to Friday, 8am - 6pm

Hexham General Hospital 01434 655 321  
Monday to Friday, 8am - 6pm

Alnwick Infirmary 01665 626 794  
Monday to Friday, 8am - 6pm

Berwick Infirmary 01289 356 635  
Please note this unit is not open daily, if there is no response  
please contact Alnwick Infirmary.

If you need urgent care outside of these hours call 111 or go to:

- your local 24 hour walk-in service at Hexham, North Tyneside or Wansbeck
- your local minor injuries unit if you live in Alnwick, Berwick, Blyth or Haltwhistle

If you need emergency care dial 999 or go to the Northumbria Specialist Emergency Care Hospital, Northumbria Way, Cramlington, NE23 6NZ.

## Alternative Formats

If you would like a copy of this information in large print, another language, audio tape or other format please call the Contact Centre on **03 44 811 8118**

## Other sources of information

### NHS 111

### NHS Choices

[www.nhs.uk/pages/homepage.aspx](http://www.nhs.uk/pages/homepage.aspx)

### NICE (National Institute for Health and Clinical Excellence)

[www.nice.org.uk](http://www.nice.org.uk)

### Patient Advice and Liaison Service (PALS)

Freephone: **0800 032 0202**

Text: **01670 511098**

Email: [northoftynepals@nhct.nhs.uk](mailto:northoftynepals@nhct.nhs.uk)

### Northumbria Healthcare NHS Foundation Trust

General Enquiries **03 44 811 8111**

[www.northumbria.nhs.uk](http://www.northumbria.nhs.uk)

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