

Where is Northumbria Specialist Emergency Care Hospital?

The hospital is located on Northumbria Way, Cramlington, Northumberland, NE23 6NZ.

This guide outlines your options for travelling to the hospital. For further information and advice please visit northumbria.nhs.uk

Shuttle services

57/58 services

Frequent bus services (nos. **57** and **58**) connect Cramlington town centre, and other major destinations, directly to the hospital's main entrance. Service **58** also connects the hospital to Cramlington train station. Please see the maps overleaf for more details. A normal fare is payable on all these buses, and Arriva bus passes are also accepted.

Train

Regional rail services stop at Cramlington several times a day in each direction, and provide a convenient way to get to the hospital from all over the region, with national rail connections at Newcastle and Morpeth.

From Cramlington railway station, the **58** bus will take you to the hospital. Other buses can be taken from Manor Walks, a 5-min walk away. Alternatively, taxis are also available in the Cramlington locality.

Walk

If you live locally you can easily access the hospital on foot using the same safe, traffic-free cycle paths described above, as well as the wider highway pavement network.

As well as the Klondyke Footbridge shown on the map, pedestrian crossing signals are available to safely cross the B1505 and B1326 roads.

Walking the signposted routes from Cramlington railway station and Manor Walks to the hospital should take around 30 minutes. As well as saving money, it can help you get your daily dose of exercise!

For a personalised walking route visit walkit.com and select 'Cramlington'.

Cycle

It's easy to access the hospital by bike - there is an excellent network of traffic-free, streetlit cycle paths, as shown on the map overleaf. Cyclists can either use the quieter Klondyke Footbridge route, or cycle on the B1326 to the hospital access road.

Inside the site, a traffic-free cycle/ pedestrian path allows access to sheltered cycle parking facilities.

Remember, cycling from Cramlington railway station or town centre to the hospital should only take around 10 minutes. If you live further away, up to two bicycles can be carried on all trains stopping at Cramlington station, free of charge with no reservation required. The hospital is clearly signposted from the station.

Cyclists coming from further afield can find recommended routes in Northumberland County Council's cycle map. This is available in paper form from libraries or by emailing gosmarter@northumberland.gov.uk or download from GoSmarterNorthumberland.co.uk

Dedicated car service

If you are a visitor from Hexham or Berwick, we have a dedicated car service that can be booked directly through Hexham and Berwick hospitals' receptions, to arrive at Northumbria hospital during visiting times.

Metro

Why not avoid the traffic and enjoy a comfortable journey on the Metro?

The Metro network provides easy access to the hospital from all over Tyne and Wear, via bus connections at Northumberland Park and Percy Main stations (or the Ferry): bus route **19** passes both these stations and then stops directly outside the hospital. Other bus connections are available from Haymarket, Regent Centre, and Monkseaton Metro stations, amongst others.

Bus

Bus travel is inexpensive and easy. A number of bus routes can be used to access the hospital from North Tyneside, Newcastle and Northumberland. Many of these routes run either directly past or within a few minutes' walk of the hospital. Some buses travel to Manor Walks in the town centre, from where you can catch another bus to reach the hospital.

Take a look at the map overleaf to find out bus timetables, and where each bus stops. You can get more detailed information and a personal journey plan for free from Nexus by visiting nexus.org.uk or by calling **0191 20 20 747**.



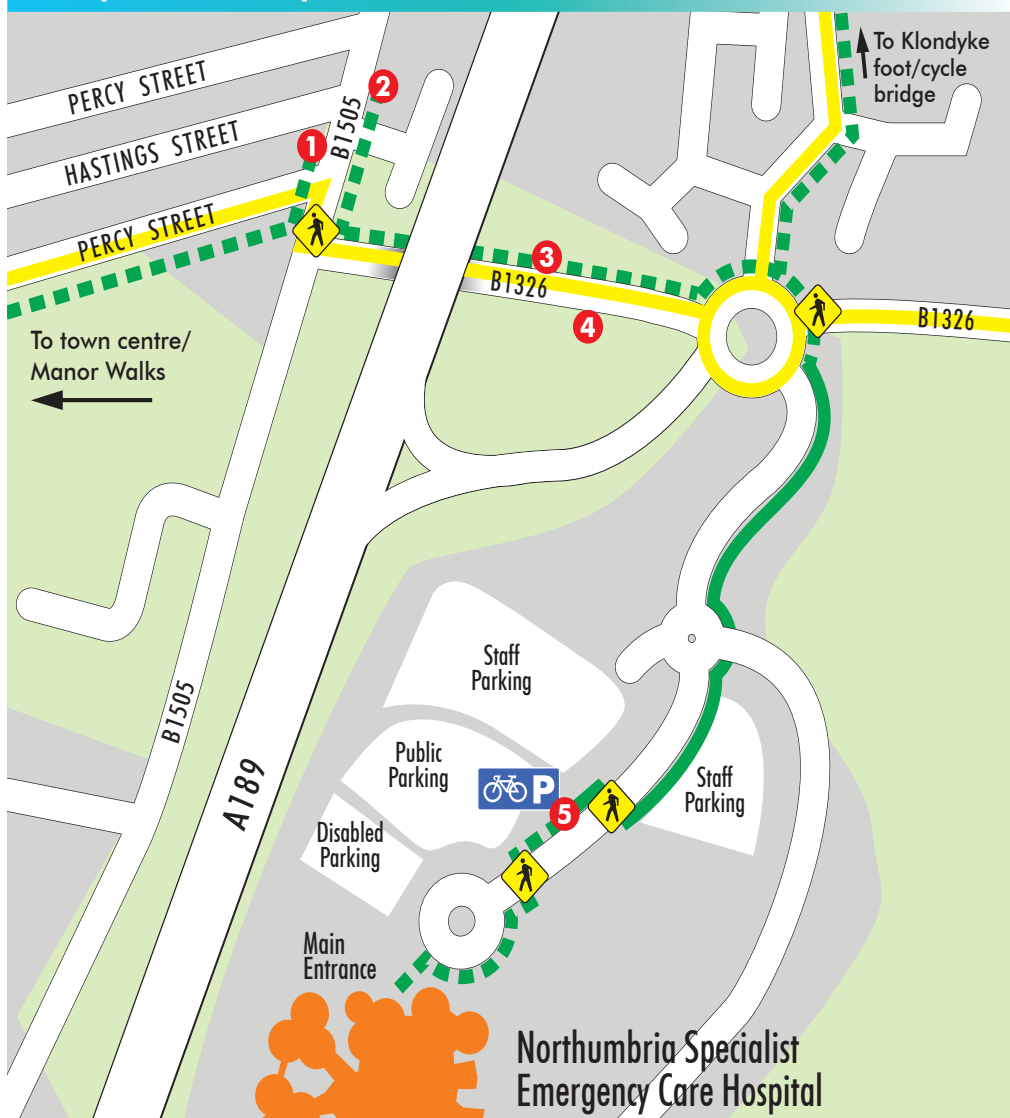
Car

The hospital can be reached by car using the national trunk road network, using the postcode **NE23 6NZ**. Car parking for both visitors and employees is available on site, see map overleaf.

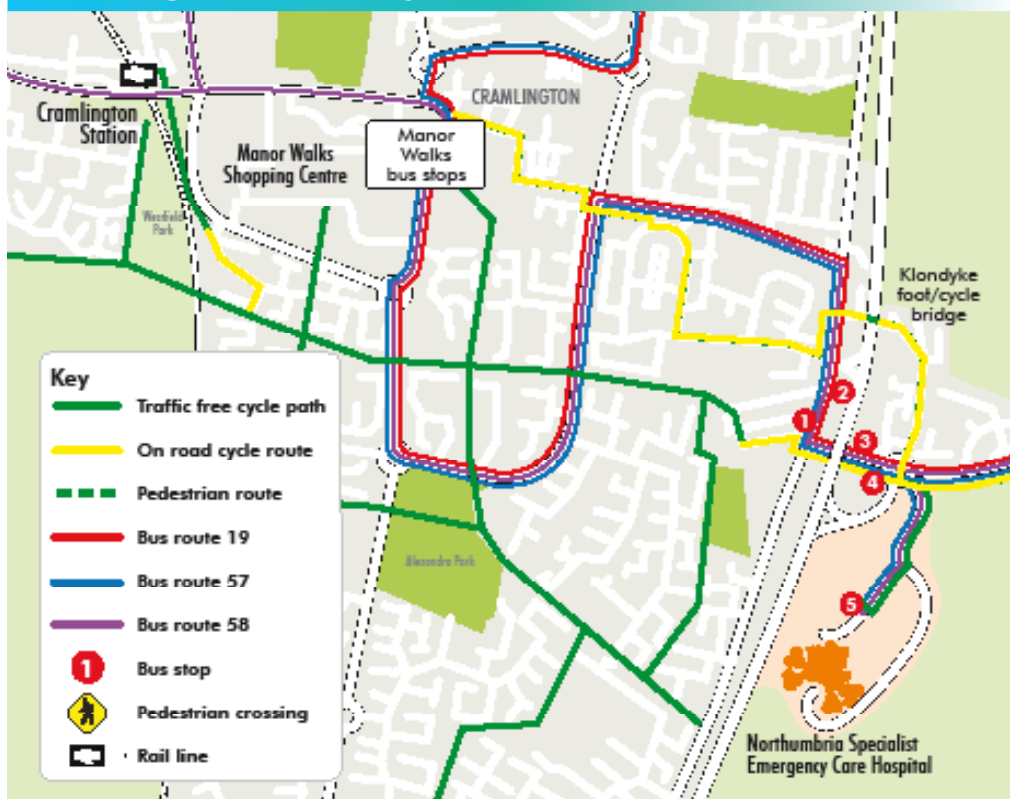
Information

Arriva arrivabus.co.uk/north-east	0344 800 44 11
Go North East (GNE) simplygo.com	0191 420 50 50
National Rail Enquiries nationalrail.co.uk	08457 48 49 50
Nexus nexus.org.uk	0191 20 20 747
Journey Planning gosmarter.co.uk/travel-tools	
Northumbria Healthcare northumbria.nhs.uk	

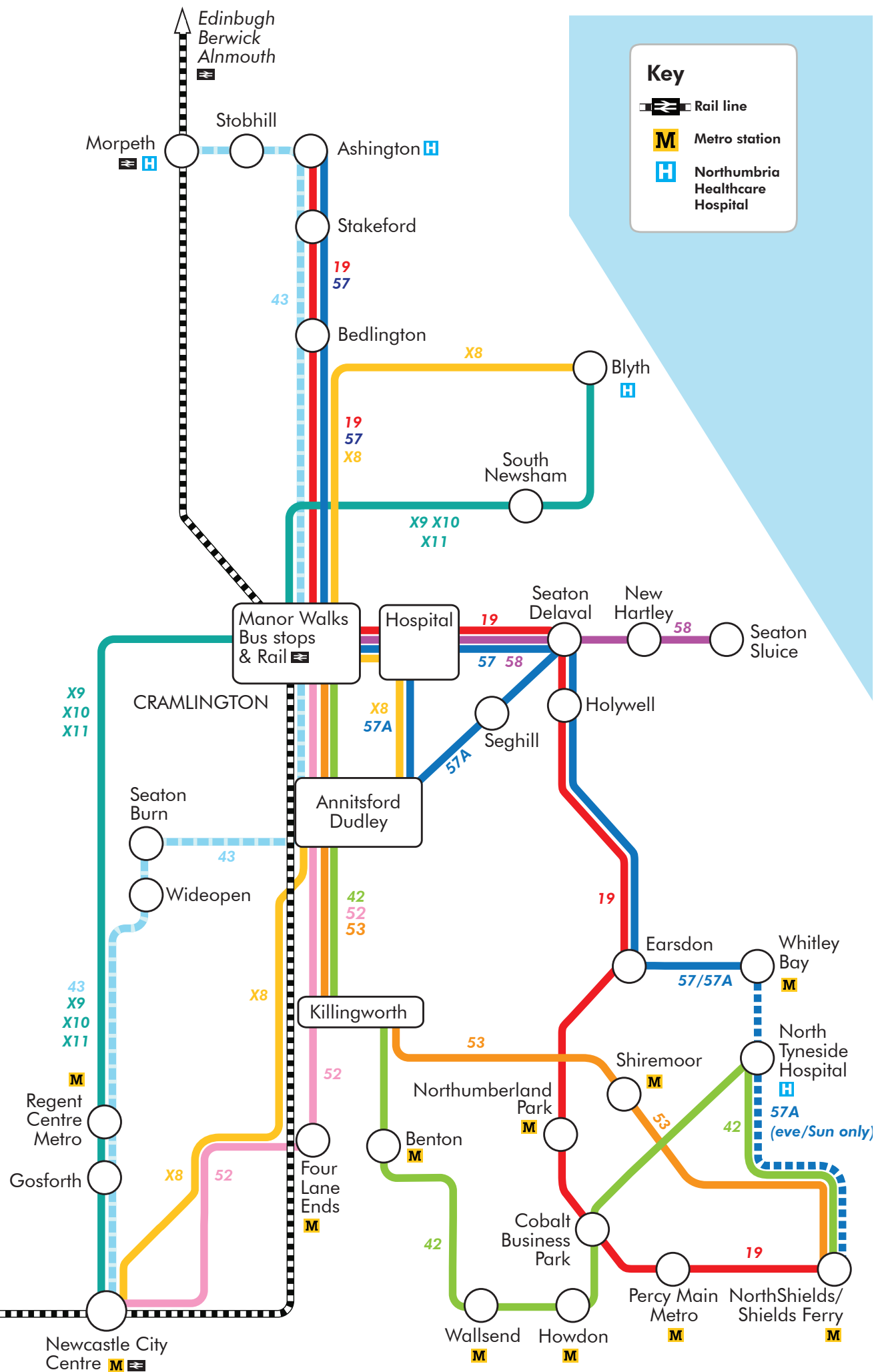
Hospital site map



Cramlington bus and cycle routes



Bus routes to Northumbria hospital - bus frequencies are shown on the right



Buses stopping at or close to Northumbria hospital

19 North Shields Ferry - Cobalt - Cramlington - Ashington GNE

Bus stop	1 2 3 4			
Daytime only	Mon to Friday	Saturday	Sunday	
	every 60 mins	every 60 mins	No service	

57 Whitley Bay - Hospital - Cramlington - Ashington Arriva

Bus stop	1 2 3 4 5			
Daytime only	Mon to Friday	Saturday	Sunday	
	every 60 mins	every 60 mins	No service	

57A North Shields - Whitley Bay - Cramlington Arriva

Bus stop	1 2			
Daytime and evening	Mon to Friday	Saturday	Sunday	
	every 60 mins	every 60 mins	every 60 mins	

58 Train Station - Manor Walks - Hospital - Seaton Delaval/Sluice Arriva

Bus stop	1 2 3 4 5			
Mon to Saturday only				
Every 30 mins early morning and early evening, every 60 mins during the day, 2 services per day extend to Seaton Sluice				

X8 Haymarket - Gosforth - Dudley - Cramlington - Blyth Arriva

Bus stop	1 2			
Daytime	Mon to Friday	Saturday	Sunday	
	every 30 mins	every 30 mins	every 60 mins	
Evening	every 60 mins	every 60 mins	every 60 mins	

Buses direct to Manor Walk/town centre

42 North Shields - Wallsend - Killingworth - Manor Walks GNE

Daytime and evening	Mon to Friday	Saturday	Sunday	
	every 60 mins	every 60 mins	every 60 mins	

43 Haymarket - Gosforth - Wideopen - Manor Walks - Morpeth Arriva

Daytime	Mon to Friday	Saturday	Sunday	
	every 15 mins	every 30 mins early morn then every 15 mins	every 60 mins early morn then every 30 mins	
Evening	every 30 mins	every 30 mins	every 60 mins	
1 service per hour (daytimes) extends to Morpeth				

52 Haymarket - Four Lane Ends - Killingworth - Manor Walks Arriva

Daytime only	Mon to Friday	Saturday	Sunday	
	every 30 mins until 8pm	every 30 mins until 8pm	every 60 mins	

53 North Shields - Northumberland Park - Manor Walks Arriva

Daytime	Mon to Friday	Saturday	Sunday	
	every 30 mins	every 30 mins	every 60 mins	
Evening	every 60 mins	every 60 mins	every 60 mins	

X9 Haymarket - Manor Walks - Blyth Arriva

Daytime	Mon to Friday	Saturday	Sunday	
	every 30 mins	every 30 mins	every 60 mins	
Evening	every 30 mins until early evening	every 30 mins until early evening	No service	

X10/X11 Haymarket - Manor Walks - Blyth Arriva

Daytime	Mon to Friday	Saturday	Sunday	
	every 10 - 15 mins	every 10 - 15 mins	every 30 mins	
Evening	every 30 mins	every 30 mins	every 30 mins	

All routes and timetables subject to change, for up to date information please check with Nexus or the operator.